

Contact Information – C.O.P.S. Health Trust

U.S. Health and Life Insurance Company

Enrollment/Eligibility/ID Cards	-	Connie Helpman	586-693-4454
Claims Problems (Medical)	Supervisor	Cindy Testasecca	586-693-4392
	Supervisor	Darlene Slaughter	586 693-4315
	-	Tom Schneider	248 524-0454
Emergency (Can't reach any of above) -		Sylvia Bruno	586 693-4369
Prescription Problems – ScriptGuide RX		Hotline	1-877-794-3576

Website with Links to all of the below providers – www.ushealthandlife.com or www.copstrust.com.

Delta Dental

To find local in-network dentist either call Customer Info. 1-800-524-0149

or utilize website www.deltadentalmi.com.

PPOM

To find an In-Network Doctor or Hospital either call 1-800-831-1166
or utilize website www.PPOM.com

Directories may be requested via phone number or website.

SPECTERA VISION

Claims problem or to obtain provider information 1-800-638-3895
Or utilize website www.spectera.com

PpoNext

To find an in-network doctor or hospital outside of Michigan 1-866-pponext
1-866-776-6398
utilize website www.copstrust.com and use link to PpoNext